

# 2018 EWR Championship Weight Divisions



## 4-5 year olds

Light (35 lbs and under)  
Middle (35 – 47 lbs)  
Heavy (47.1 lbs and up)

## 6-7 year olds

Light (40 lbs and under)  
Middle (40.1 – 52 lbs)  
Heavy (52.1 lbs and up)

## 8-9 year olds

Light (55 lbs and under)  
Middle (55.1 – 68 lbs)  
Heavy (68.1 lbs and up)

## 10-11 year olds

Light (66 lbs and under)  
Middle (66.1 – 77 lbs)  
Light/Heavy (77.1 – 88 lbs)  
Heavy (88.1 lbs and up)

Adult ages 33 - 45

Adult 46 and up

\*Ultra divisions will be determined on site

## 12-14 year old Female

Light (73 lbs and under)  
Light/Middle (73.1 – 90 lbs)  
Middle (90.1 – 104 lbs)  
Light/Heavy (104.1 – 120 lbs)  
Heavy (120.1 lbs and up)

## 12-14 year old Male

Light (80 lbs and under)  
Light/Middle (80.1 – 99 lbs)  
Middle (99.1 – 117 lbs)  
Light/Heavy (117.1 – 135 lbs)  
Heavy (135.1 lbs and up)

## 15-17 year old Female

Light (97 lbs and under)  
Light/Middle (97.1 – 108 lbs)  
Middle (108.1 – 120 lbs)  
Light/Heavy (120.1 – 140 lbs)  
Heavy (140.1 lbs and up)

## 15-17 year old Male

Light (105 lbs and under)  
Light/Middle (105.1 – 121 lbs)  
Middle (121.1 – 140 lbs)  
Light/Heavy (140.1 – 161 lbs)  
Heavy (162 lbs and up)

## 18 + Adult Weight Divisions

	Male	Female
Fly	135.0 lbs and under	105 lbs and under
Light Middle	135.1 – 155.0 lbs	105.1 – 125 lbs
Middle	155.1 – 175 lbs	125.1 – 145 lbs
Light/Heavy	175.1 – 195 lbs	145.1 – 165 lbs
Heavy	195.1 and up	165.1 and up

*The Organizing Committee reserves the right to combine or divide divisions as necessary to provide a better competitive experience.*

- Coaches will receive one HOLD card